

IN ADDITION TO YOUR COLONOSCOPY PREPARATION,
You must take an EXTRA LAXATIVE

***These instructions are followed along with your prescription prep instructions. ***

7 DAYS BEFORE PROCEDURE :

- Pick up over the counter from pharmacy
 - ONE (1) bottle of Magnesium Citrate
 - Any CLEAR flavor with NO dye
 - ONE (1) bottle of MiraLAX powder
 - NOT tablets

5 DAYS BEFORE PROCEDURE:

- In the morning, mix 17 grams of MiraLAX with 8 oz of water
- Drink entire mixture

4 DAYS BEFORE PROCEDURE:

- In the morning, mix 17 grams of MiraLAX with 8 oz of water
- Drink entire mixture

3 DAYS BEFORE PROCEDURE:

- In the morning, mix 17 grams of MiraLAX with 8 oz of water
- Drink entire mixture

2 DAYS BEFORE PROCEDURE:

- At 6:00pm, drink 1 bottle of Magnesium Citrate